

Dear International School of Denver Families,

As we recently announced, International School of Denver is partnering with SAGE Dining Services®.

SAGE, founded in 1990, is the leading food service provider for independent schools and colleges throughout North America. SAGE focuses on safety, quality service, community, nutrition, wellness, education, sustainability, and delicious food made from scratch using seasonal, locally sourced ingredients. SAGE's on-site Chef and Team Members will get to know our school community and our students, and will design menus according to our preferences and dietary needs. All menus will be accessible to families online and through the Touch of SAGE™ Mobile App. The app also features filters for allergens and eating patterns so the SAGE team can work individually to meet your student's food and dining needs.

SAGE will offer fresh-made menu items, including a salad and deli bar; a healthy main dish with a variety of starches and fresh vegetables as sides; creative, food truck-style fare; authentic Latin and Asian dishes; and expanded vegetarian and vegan options along with display cooking and themed build-your-own stations.

In order to keep all students safe in the dining hall, SAGE provides expertise on allergy accommodations. With one out of every 11 SAGE students managing a food allergy, SAGE takes great care to ensure that all SAGE Team Members are extensively trained in food allergy awareness. Menus provide enough variety so there is something for everyone, and community members are well-informed through complete ingredient lists and serving line signs. SAGE's comprehensive allergen filter, which can be accessed through the online menu and the app, makes planning meals easy.

SAGE also extends education into the dining hall by guiding students and adults toward nutrient-dense options. We can make informed decisions about what to eat using The SAGE Spotlight Program®, a color-coded system that shows the nutritional value of each item offered. In addition, we will learn about historical, cultural, and culinary topics related to food each month through their Educational Seasonings program.

For more information and videos about what SAGE has to offer, please visit www.sagedining.com.

Nutritional Guidance

Build a healthy plate with guidance from our Spotlight Program. It factors in the good nutrients that help sustain our bodies. Look to the dots for a balanced plate!

- VARIETY
- BALANCE
- MODERATION



SAGE
DINING SERVICES®

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SAGE looks forward to serving you with fresh, delicious, from-scratch food.

Performance Spotlight

Athletes need the right nutrients at the appropriate times for optimal performance. Look for this logo to find mealtime guidance based on NCAA and USOC guidelines. Try our house-made sports drinks and bars for proper nutrition with no artificial ingredients.



We prepare and use the best local ingredients:

- House-made dressings
- House-roasted and nitrate-free turkey and beef
- Antibiotic- and hormone-free milk
- Antibiotic-free chicken
- Certified Humane®, cage-free eggs

Be Allergen-Safe

W We tag the ingredients in every recipe and menu item we serve for the top 12 allergens so your child is sure to find something safe to eat. Use our online allergen filter and ingredient lists to plan ahead. You're always welcome to visit the kitchen and ask about inventory and preparation methods. Our Team Members participate in daily training to learn how to keep the kitchen and dining hall safe.

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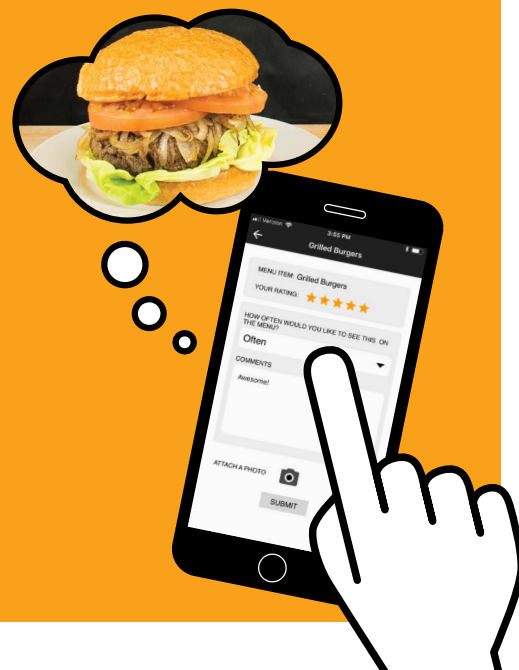
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The Touch of SAGE App

Access our menu right on your phone or tablet! View the menu, filter for allergens, mark your favorites, and give us feedback so we can write even better menus. This free app does more than any comparable service on the market!



Learning at Lunch

We bring culinary lessons to life in the dining hall with our monthly Educational Seasonings events! Through creative displays, tastings, and hands-on activities, students learn about food history, culture, and cooking methods.



INTERNATIONAL
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